

# Weeds in our Lives

By Wayne Bailey



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**W**eeds will always be part of our life if we don't keep them in check. If you pour water into a vase, the water becomes the vase. Humans are the same way. Daniel D Palmer said, "Little deeds are like little seeds, they grow to flowers or to weeds. If you have a garden or have plants outside, you will find weeds. A sidewalk with tiny cracks, you'll find weeds there too. How in the world do they get there? Could be from bird droppings or from the wind blowing seed around? I've even seen weeds growing on the side of a building and in gutters. Why?

Don't water the weeds. Sylvia Browne said, "The weeds keep multiplying in our garden, which is our mind ruled by fear. Rip them out and call them by name." By recognising the weeds, we can control their growth and get rid of them. We humans have the ability to develop bad habits, cutting corners, talking bad about the boss, hanging out with hot headed friends or constantly being critical, feeding self-pity, complaining and

condemning others. By doing these bad habits, we grow weeds in our life and some grow so high we can't see over them. Don't feed what you don't want to grow in you.

If you hang out with someone that has a cold, there a good chance you will catch it. With the reverse, if you hang out with someone that's always upbeat, courteous to others and sees the glass half full and flowing over, you can't help to get some of that on you. Someone once said, "Don't worry about whether the glass is half empty or half full, just add ice and make the best of it!" It's like giving cologne or perfume to someone, the smell lingers on your hand for hours after giving it away. Hang around someone that has a smile, doesn't cheat on their girlfriend or boyfriend or spouse. People that will do this, have a cancer in their heart. This is not a cold or sickness I want to catch.

Water the fruit in your life. Henryk Sienkiewicz said, "On an exhausted field, only weeds grow." Spend time with the ones you love and keep your batteries charged. A healthily lifestyle helps keeps the weeds out of the garden. Children, spouse, parents, and or co-workers that lift you up and not talk trash about others. Go out and volunteer using your strengths, talents and

gifts for people less fortunate than you. When you give of yourself, there's a mind-set of satisfaction, accomplishment of helping a stranger. Someone that can't return the favour.

Believe in new beginnings. Brian Grazer said, "You have to know the weeds, to have lived in them, to delegate. I wouldn't want to be a leader who had never lived in the weeds." We can always learn something about having weeds in our lives even if just to recognise them when they grow within your spirit. Leave the old in the past. If you continuously open up old wounds, they will never heal. Look forward and NOT backwards. If you look constantly in the rear view mirror while driving, you're going to crash. Why would you do this when the windshield is much bigger and pointing you to your future?

In closing, when a sentence ends, it had had a period. This could be a dissolved marriage or relationship, job or a business that has gone under. Sometime we just got to put a period in there and not a comma. We all need new starts. Today may be that day to end that ugly chapter in your life. Start today by pulling some weeds out of your life and beginning with a new sentence that reads, "I will persevere." 🌱

